

**November 2021**

### **Farewell Mags**

Crossroads Caring for Carers would like to take this opportunity to say how sorry we are to be losing Mags and to express our thanks for her loyalty and hard work over the past 5 years.

We most definitely recognise the effort and dedication Mags has demonstrated in her role as Young Carers Manager. Knowing we could rely on her to provide high-quality work and support made Mags such a valuable asset to our team.

She has been dependable, supportive, encouraging, and honest during her time here and her new work place is incredibly lucky to have her.

So, from all the staff at Crossroads Caring for Carers, our Board of Trustees, and not forgetting the Young Carers you have supported throughout your time here - keep doing great things! We will miss you x

*'I have absolutely loved my time working with young carers in Cowal & Bute, I have learnt so much from you all, have shared many highs and lows with you. I have so many memories and moments of laughter to take away with me. Thank you and remember you are all STARS'*

*Take care, Mags*

### **Exciting news!**

**We recently interviewed for Young Carers Support Workers with the valuable assistance of a Young Carers Interview Panel.**

**We are pleased to say that we hope to introduce the new staff to you all soon 😊**

**Thank you to Dunoon Grammar School for supporting Young Carers in joining our interviews 😊**

Did you choose your activity from our last newsletter in August?

If not, please let us know what you would like by 10<sup>th</sup> December 2021 and we'll get your voucher to you 😊

If you are 11 to 18 years you can register for the **Young Scot Young Carers Package** and get many more discounts and treats!

To apply <https://young.scot/get-informed/national/young-carers-package>  
need help - let us know!

### Are you a Parent Carer or an Adult Carer?

Do you know you can get support, information & advice from Crossroads?

Please contact the team at Crossroads Caring for Carers Cowal & Bute for more information

Office 01369 707700

Email

[christine@crossroadscowalandbute.org.uk](mailto:christine@crossroadscowalandbute.org.uk)  
or [carers@crossroadscowalandbute.org.uk](mailto:carers@crossroadscowalandbute.org.uk)

### Do we have your up-to-date Information?

If any of your information has changed please let us know so we can update our records. If you prefer to receive correspondence via email, please provide us with your email address and we can send information and news to your email. To let us know any changes please email [admin@cyccb.org.uk](mailto:admin@cyccb.org.uk) or call 01369 707700.

### We will be supporting Young Carers Action Day

on 16<sup>th</sup> March 2022

Keep an eye on social media for more information!

Are you 16 to 18 years?  
Have you applied for the **Young Carer Grant**? For more information and to apply

<https://www.mygov.scot/young-carer-grant/how-to-apply/>

Need help? Contact one of the team, we would be happy to assist.

### If any Young Carer in S1 or above is waiting for a Young Carers Education Card please let us know



Do you know you are entitled to a **Young Carers Statement** under the Carers (Scotland) Act? Do you have a Young Carers Statement and would like a review? By completing a Young Carers Statement we can explore what might best support you as a young carer, what would benefit you to enable you to get a break from caring, what do you need. We are keen to help, so please let us know, we would be happy to discuss this with you

Thank you to everyone for your continued support of Crossroads Young Carers Cowal & Bute.

We look forward to seeing you all soon.

Best wishes

From all the team 😊

Please keep an eye on our Facebook pages,

**Crossroads Young Carers Cowal & Bute** and **Crossroads Caring for Carers Cowal & Bute**

for information and news that may be of interest! You never know what nugget of information you might get there.

## Contact information

Crossroads Young Carers Cowal & Bute, Crossroads Caring for Carers Cowal & Bute SCIO.  
61/63 Argyll Street, Dunoon, PA23 7HG and Bute Carers Centre, 12 Tower Street, Rothesay, Isle of Bute, PA20 0BZ

Christine – Centre Manager	<a href="mailto:christine@crossroadscowalandbute.org.uk">christine@crossroadscowalandbute.org.uk</a>	01369 707700
Morven – Admin Support	<a href="mailto:admin@cyccb.org.uk">admin@cyccb.org.uk</a>	
Eileen – Young Carers Support Worker	<a href="mailto:eileen@cyccb.org.uk">eileen@cyccb.org.uk</a>	07884263588
Lorna – Young Carers Support Worker	<a href="mailto:lorna@cyccb.org.uk">lorna@cyccb.org.uk</a>	07388818265

## Useful information and Support:

Breathing Space	<a href="https://breathingspace.scot">https://breathingspace.scot</a>
CAMHs	<a href="https://www.camhs-resources.co.uk/apps-1">https://www.camhs-resources.co.uk/apps-1</a>
Childline	Tel. 0800 1111 <a href="https://www.childline.org.uk">https://www.childline.org.uk</a>
Mental Health	<a href="https://www.mentalhealth.org.uk">https://www.mentalhealth.org.uk</a>
Parent Talk	<a href="https://parents.actionforchildren.org.uk">https://parents.actionforchildren.org.uk</a>
Parent Zone	<a href="https://education.gov.scot/parentzone">https://education.gov.scot/parentzone</a>
Safe Hands Thinking Minds	<a href="http://www.safehandsthinkingminds.co.uk/">http://www.safehandsthinkingminds.co.uk/</a>
Young minds	<a href="http://youngminds.org.uk">http://youngminds.org.uk</a>
Young Scot	Tel. 0808 801 0338 <a href="https://young.scot/">https://young.scot/</a> <a href="mailto:info@young.scot">info@young.scot</a>

